



Don't forget to eat your vegetables.

Red Oak Community School Elementary Snack Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

November 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Fresh Apple 31

Tangerines 1

Baby Carrots 2

Fresh Strawberries 5

Cucumber Slices 6

Fresh Grapes 7

Cauliflower Floret 8

Banana 9

Noon Release 12

Celery Sticks 13

Fresh Pineapple 14

Pepper Medley 15

Fresh Pear 16

Fresh Strawberries 19

Cherry Tomato 20

Noon Release 21

No School-Happy Thanksgiving 22

No School-Happy Thanksgiving 23

Noon Release 26

Radish 27

Cantaloupe 28

Cauliflower Floret 29

Banana 30

Prices

Regular PK-3	\$2.55
Regular 4-12	\$2.70
Reduced	\$0.40
Adult	\$3.70
Milk	\$0.45

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
 Entree Salads are served with Dinner Roll
 For questions or comments, contact Mindy Riibe at 712-621-0042 or email riibem@roschools.org

